



# The Success Mindset: Aligning with Purpose, Breaking Patterns, and Leading a Life You Love

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## Repeat these affirmations:



Today, I show up as my highest self—with clarity, confidence, and compassion



Everything I need to grow, thrive, and succeed is already within me.



I am the creator of my reality. What I believe, speak, and feel is shaping my world—starting now



# My Story



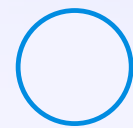
What does success look like for you?

# Paradigms & Emotional Intelligence



## Paradigms

Deep-seated patterns from past programming shape your thoughts and actions.



## Emotional Intelligence

EQ is a leader's superpower—understand your triggers and responses.



## Break the Pattern

Pause, feel, name the emotion, shift, and choose a new belief.







# The Trap of Toxic Positivity



Beyond 'Just  
Think Positive'

Skipping the work  
and forcing positivity  
is self-gaslighting.



Transmute  
Negativity

Identify the root, feel  
it, learn from it, and  
flip the belief.



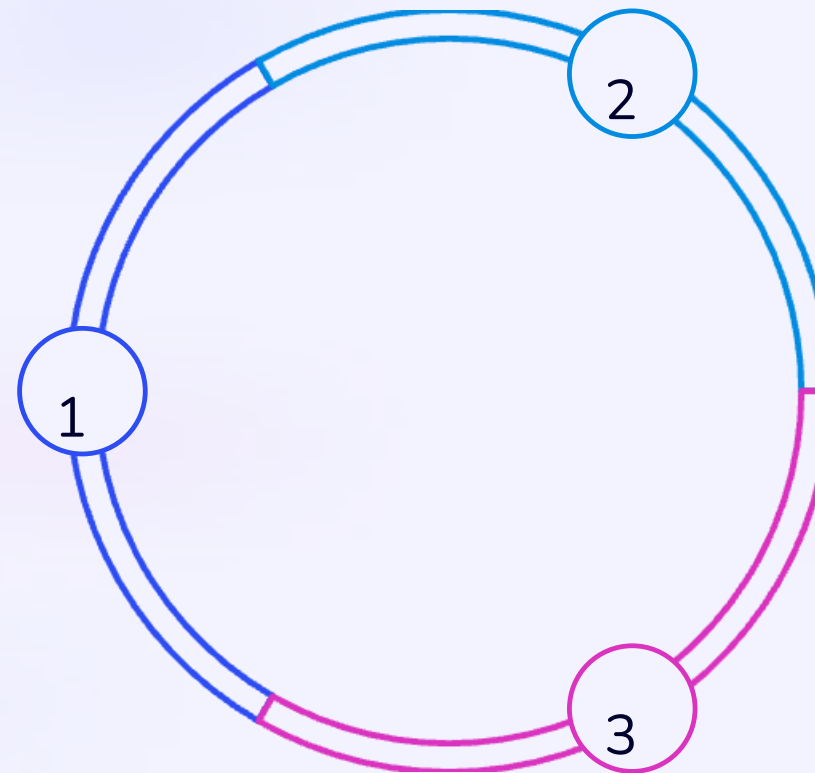
Example Shift

“Nobody appreciates  
me” → “I am learning  
to appreciate myself.”

# Universal Laws & Manifestation

## Thoughts Become Reality

Your thoughts shape words, actions, habits, and results.



## Universal Laws

- Attraction: Like attracts like.
- Cause & Effect: What you give, you get.
- Polarity: Everything has an opposite

## Manifesting Your Dreams

More than just wanting



# Self-Sabotage & Identity Shifts

1

Hidden Patterns

“That’s just who I am” limits growth and change.

2

Victim to Creator

Shift from “This is happening to me” to “What am I learning?”

3

Identity First

Embody the version of you who already has the success you want.





# Leadership Through Energy & Presence

## Walking Vibration

Your energy enters the room before you do.

## Being vs. Doing

True leadership is about who you are, not just what you do.

## Ripple Effects

Model resilience, faith, and compassion to inspire your team.



# Integration & Mindset Challenge

1

## Daily Practices

- Set morning intentions
- Breathe or pray
- Positive self-talk

2

## 7-Day Challenge

- Replace one limiting belief daily
- Act as your higher self
- Practice gratitude

3

## Affirmations

“I am aligned with my purpose.” “I trust everything is working for my highest good.”



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