One of the most difficult parts of this global pandemic is the restrictions that were placed on visits between residents, families and friends in our settings.

Providers of older adults services are doing all they can to engage residents in meaningful activities and to connect them with their loved ones while reducing the risk of COVID-19.

A few options being used today include:

- **Telephone**
- **Video Chat**
- **Social Media**
- **Email**
- **Zoom/Skype**
- **Window Visits**
- **Outdoor Visits**