



Bobby's Books

Book: Thunder Cake

Possible Themes: fears, coping, grandparent relationships

Publisher, Publishing Date and ISBN Number: Paperstar Book, 1997, 0-689-11581-3

Author: Patricia Polacco

Recommended Age of Child: Ages 5-10

Description of Book:

Grandma finds a way to dispel her grandchild's fear of thunderstorms.

Quote from Book:

“When the thunder ROARED above us so hard it shook the windows and rattled the dishes in the cupboards, we just smiled and ate our Thunder Cake.”

Lesson Plan Ideas:

Put together all of the ingredients for Thunder Cake. Bake a cake!

Give each child a large piece of paper. Fold it equally until there are eight rectangles. Unfold. In each space, have the child draw one step of how they cope with a situation they are scared of. Ideas: going to bed in the dark, meeting new people, talking about something sad

Have children sit in a circle and start using their hands to make it sound like rain—a drizzle, more steady, a down pour, thunder.

Play music that has nature sounds of thunder and rain.

Materials Needed: Cake baking ingredients, recipe from back of book, oven, paper, drawing materials, music